

1 **^{14}C and ^{13}C characteristics of higher plant biomarkers**

2 **in Washington margin surface sediments**

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ABSTRACT

Plant wax lipids and lignin phenols are the two most common classes of molecular markers that are used to trace vascular plant-derived OM in the marine environment. However, their ^{13}C and ^{14}C compositions have not been directly compared, which can be used to constrain the flux and attenuation of terrestrial carbon in marine environment. In this study, we describe a revised method of isolating individual lignin phenols from complex sedimentary matrices for ^{14}C analysis using high pressure liquid chromatography (HPLC) and compare this approach to a method utilizing preparative capillary gas chromatography (PCGC). We then examine in detail the ^{13}C and ^{14}C compositions of plant wax lipids and lignin phenols in sediments from the inner and mid shelf of the Washington margin that are influenced by discharge of the Columbia River. Plant wax lipids (including *n*-alkanes, *n*-alkanoic (fatty) acids, *n*-alkanols, and *n*-aldehydes) displayed significant variability in both $\delta^{13}\text{C}$ (-28.3 to -37.5 ‰) and $\Delta^{14}\text{C}$ values (-204 to +2 ‰), suggesting varied inputs and/or continental storage and transport histories. In contrast, lignin phenols exhibited similar $\delta^{13}\text{C}$ values (between -30 to -34 ‰) and a relatively narrow range of $\Delta^{14}\text{C}$ values (-45 to -150 ‰; HPLC-based measurement) that were similar to, or younger than, bulk OM (-195 to -137 ‰). Moreover, lignin phenol ^{14}C age correlated with the degradation characteristics of this terrestrial biopolymer in that vanillyl phenols were on average ~500 years older than syringyl and cinnamyl phenols that degrade faster in soils and sediments. The isotopic characteristics, abundance, and distribution of lignin phenols in sediments suggest that they serve as promising tracers of recently biosynthesized terrestrial OM during supply to, and dispersal within the marine environment. Lignin phenol ^{14}C measurements may also provide useful constraints on the vascular plant end member in isotopic mixing models for carbon source apportionment, and for interpretation of sedimentary records of past vegetation dynamics.

Key words: ^{14}C and ^{13}C composition, radiocarbon age, plant wax lipids, lignin phenols, Washington margin, marine carbon cycling, terrestrial organic matter

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1. INTRODUCTION

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The synthesis, degradation, and storage of terrestrial organic matter (OM) form an important component of the global carbon cycle. Estimates of the flux of terrestrial organic carbon (OC) to the oceans imply that it must influence marine carbon budgets, especially on continental margins (Hedges et al., 1997; Masiello, 2007). The fate of terrestrial OM in the ocean is therefore one of the central questions that have continued to interest and challenge biogeochemists, and remains a fundamental constraint on (i) understanding the global carbon cycle (Hedges et al., 1997; Schlunz and Schneider, 2000; Burdige, 2005), and (ii) interpreting the geologic sedimentary record with respect to reconstruction of biological evolution, sedimentary paleoenvironments and past climatic variations (McCaffrey et al., 1991; Rommerskirchen et al., 2006a; Ohkouchi and Eglinton, 2008). A key challenge for studying terrestrial OM in the marine environment is to trace it amongst the complex, heterogeneous assemblage of carbon-bearing constituents transported to, and produced in the sea. Prior attempts have utilized organic molecules specific to terrestrial higher plants (e.g., lignin-derived phenols and plant wax lipids). However, during their transport from plant source to sedimentary sink, these molecules are subject to biological and physiochemical processes that can substantially attenuate their flux and alter their chemical composition (Hernes and Benner, 2003). Despite this, isotopic information encoded in the carbon skeletons of these molecules is largely preserved, providing valuable insights into growth conditions, biological sources (C_3 versus C_4 plants) and reactivity of terrestrial OM accumulating in sediments (e.g., Goñi et al., 1997; Pearson et al., 2001; Smittenberg et al., 2006; Drenzek et al., 2007). For example, recent investigations on the ^{14}C composition of organic compounds in marine sediments have revealed the importance of an additional continental OC source derived from the erosion of ancient sedimentary rocks or petrogenic sources (termed “relict OC” in this paper) exposed at the Earth’s surface (Eglinton et al., 1997; Pearson et al., 2001; Drenzek et al., 2007). The contribution from this component may

64 significantly influence sedimentary OC budgets (Drenzek et al., 2007), but minimally impacts the
65 exchange of carbon between active reservoirs (Galy et al., 2008). Carbon isotopic (^{13}C , ^{14}C)
66 characteristics of higher plant-derived organic molecules can thus provide important information on
67 the sources of OC produced exclusively by the terrestrial biosphere, leading to improved estimates of
68 continental OC fluxes in the ocean and to a better understanding of the ultimate fate of terrigenous
69 OC in the marine environment.

70 Plant wax lipids and lignin phenols are the most commonly employed classes of molecular tracer
71 for terrestrial OM in the marine environment (e.g., Prahl et al., 1994; review by Hedges et al., 1997;
72 Goñi et al., 2000; Drenzek et al., 2007; Ohkouchi and Eglinton, 2008). While their origin is
73 unequivocal, their transport pathways, storage times and modifications during land-ocean transfer are
74 much less clear. Lignin is generally more abundant in the coarse particles that are rich in
75 undegraded OM debris whereas plant wax lipids tend to be more enriched in mineral-bound OM
76 (Wakeham et al., 2009). Hydrodynamic sorting processes are known to influence the dispersal and
77 fate of mineral-associated OM versus plant debris during transport (Keil et al., 1994; Prahl et al.,
78 1994; Gordon and Goñi, 2003; Huguet et al., 2008; Mead and Goñi, 2008; Vonk et al., 2010) and
79 hence may affect the distribution of lignin phenols versus plant wax lipids in the sediments. The
80 ^{13}C and ^{14}C compositions of plant wax lipids have been investigated in a range of sedimentary
81 environments (Jones et al., 1991; Huang et al., 1995; Pearson et al., 2001; Smittenberg et al., 2006;
82 Drenzek et al., 2007; 2009; Mollenhauer and Eglinton, 2007; Kusch et al., 2010; Gustafsson et al.,
83 2011); while carbon isotopic (especially ^{14}C) data on lignin phenols in marine sediments remains
84 sparse (Goñi et al., 1997; Culp, 2012). Different groups of lignin phenols are reported to exhibit
85 varying vulnerabilities to degradation in the environment; for instance, angiosperm-derived syringyl
86 phenols and non-woody-tissue-derived cinnamyl phenols both show faster decay rates relative to
87 vanillyl phenols (Hedges et al., 1988; Opsahl and Benner, 1995; Otto et al., 2005). It is presently
88 unknown whether individual lignin phenols exhibit any isotopic discrepancies that may reflect

89 variations in their source or reactivity. It also remains unclear whether lignin and plant wax lipids
90 exhibit similar ^{13}C and ^{14}C characteristics in drainage basins (i.e., with respect to provenance and
91 dynamics) and if factors such as differing particle associations and turnover times may cause any
92 isotopic discrepancies between them. Furthermore, in contrast to plant wax lipids, which are
93 relatively trace constituents of terrestrial OM, lignin is one of the most abundant terrestrial
94 biopolymers (Hedges et al., 1997; Kögel-Knabner, 2002), making it quantitatively more significant
95 for use in isotopic mass balance-based source apportionment. Comparing the carbon isotopic
96 characteristics of these two groups of terrestrial tracers may yield unique insights on the transfer and
97 cycling of terrestrial OC in the ocean and provide further information on their utility in
98 reconstructing paleoenvironmental conditions.

99 Compared to plant wax lipids, lignin phenols have remained a challenge to isolate and measure
100 for ^{14}C content. While successfully isolated by preparative capillary gas chromatography (PCGC),
101 their separation requires derivatization with quite harsh and toxic reagents, and the efficiency of
102 derivatization appears to suffer from competition with other reactants (McNichol et al., 2000).
103 Adding derivative carbons to the relatively small monomeric lignin products from oxidative
104 hydrolysis (8-10 carbons) also increases analytical error associated with isotopic analysis
105 (Beramendi-Orosco et al., 2006; Corr et al., 2007). Direct separation of lignin phenols on high
106 pressure liquid chromatography (HPLC) can circumvent this problem, which has been applied to
107 plant tissues and lake sediments recently (Hou et al., 2010; Ingalls et al., 2010). Compared to
108 terrestrial samples (plants, soils, lake and fluvial sediments), marine sediments represent challenging
109 environmental matrices with myriad OC inputs and dilution of lignin residues with marine OM. In
110 this paper, we evaluate an alternative HPLC-based method of isolating lignin phenols from marine
111 sedimentary matrix for ^{14}C analysis and compare the results with the PCGC-based isolation. We
112 then use this method to compare and contrast the carbon isotopic composition of lignin phenols with
113 those of plant wax lipids from two surface sediments collected from the Washington margin. The

114 sediments in this region, which receive high inputs of terrestrial OM from the Columbia River, have
115 been extensively characterized in terms of sedimentology and geochemistry (Hedges and Mann,
116 1979a; Nittrouer and Sternberg, 1981; Prahl et al., 1994; Hartnett et al., 1998), and provide a “classic
117 location” for assessing vascular plant marker signatures on fluvially-influenced continental margins.
118 To our knowledge, this study represents the first detailed investigation of both the ^{13}C and ^{14}C
119 compositions of the two major classes of these vascular plant molecular markers in marine
120 sediments.

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122 **2. MATERIALS AND METHODS**

123 **2.1. Samples and Bulk Analysis**

124 The mineralogy and geochemistry of the Washington margin have been well studied (White,
125 1970; Nittrouer and Sternberg, 1981; Prahl et al., 1994; Hedges et al., 1999). Coastal surface
126 sediments are dominated by fluvial inputs with steady supply and deposition of plant debris and
127 coarse-grained sediment near the Columbia River mouth and over the mid-shelf over at least the last
128 400 years (Hedges and Mann, 1979a; Prahl et al., 1994). The sediment accumulation rate is
129 approximately 400 cm/kyr close to the river mouth and ~300 cm/kyr in the mid-shelf (Coppola et al.,
130 2007), with sediment mixed layer depths ranging from 20 to 30 cm over the shelf (Nittrouer and
131 Sternberg, 1981; Coppola et al., 2007). Coarse sand and silts are preferentially accumulated over
132 the shelf while grain size progressively decreases with increasing distance from the Columbia River
133 (Nittrouer and Sternberg, 1981; Coppola et al., 2007). Vegetation in the drainage basin is
134 dominated by C_3 plants and sediments over the Washington margin shelf contain a high abundance
135 of terrestrial vascular plant OC with ^{13}C -depleted stable carbon isotopic compositions (-25.5 ‰),
136 high C/N ratios and abundant higher plant biomarkers (Hedges and Mann, 1979a; Prahl et al., 1994;
137 Hedges et al., 1999; Dickens et al., 2006).

138 Two large volume (ca. 350 g dry wt.) surface (< 4 cm) sediment samples were collected using a
139 grab sampler in 1993 during cruise W9308A (R/V *Wecoma*) on the Washington margin. Station 1
140 (St 1, 46°15.12'N, 124°15.23'W) was at the inner shelf in close proximity to the mouth of Columbia
141 River with a water depth of 74 m. Sediments at St 1 had a typical coarse sandy texture. Station 2
142 (St 2, 46°25.00'N, 124°20.03'W) was located at the mid shelf (water depth, 83 m) where the
143 sediments were primarily composed of coarse silts. After collection the samples were stored frozen
144 in glass jars and subsequently freeze-dried.

145 An aliquot of bulk sediment was retained for elemental and isotopic analysis. The OC content
146 of bulk sediments was determined on a Carlo Erba 1108 Elemental Analyzer (CE Elantech, Inc., NJ,
147 USA) after removal of inorganic carbon with 2N HCl solution. Stable carbon isotopic composition
148 was determined by automated on-line combustion, followed by conventional isotope ratio mass
149 spectrometry (Finnigan Delta-S mass spectrometer, see Fry et al., 1992 for details).

150 To validate an HPLC method to isolate lignin phenols for ^{14}C analysis, we used three
151 commercially available phenol standards (vanillin from Sigma, vanillic acid and acetovanillone from
152 Acros) and standard plant tissues with a range of ^{14}C contents that are pre-determined from the
153 Fourth International Radiocarbon Intercomparison (FIRI) project (Scott et al., 2004) and the
154 International Atomic Energy Agency (IAEA; Rozanski et al., 1992). Standard plant tissues
155 included kauri wood (FIRI-A; the consensus fraction modern (F_m) value is 0.0033), subfossil wood
156 from eastern Wisconsin (IAEA C-5; F_m : 0.2305), Belfast dendro-dated wood (FIRI-D; F_m : 0.5705),
157 hohenheim wood (FIRI-H; F_m : 0.7574), and barley mash (FIRI-J; F_m : 1.1069). The wide range of
158 ^{14}C contents in these standard materials allowed us to assess the effect of procedural blanks on the
159 measured ^{14}C contents of isolated lignin phenols (see Section 2.8). Phenol standards were dissolved
160 in methanol and plant tissues were ground to fine powders prior to analysis. The radiocarbon
161 content of acid-treated bulk sediment and phenol standards was measured as described in Section
162 2.8.

163 For the subsequent chemical extractions and analyses, all glassware, SiO₂ and CuO powders (for
164 lignin extraction) were pre-combusted at 450 °C for 5 h before use. Teflon bombs and vessels used
165 for lignin extraction were soap washed, soaked in HCl (10 %), and rinsed with MilliQ water and
166 dichloromethane (DCM):methanol (1:1) before use.

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168 **2.2. Extraction and Purification of Plant Wax Lipids**

169 Dried sediments (~ 300 g) were Soxhlet-extracted with DCM:methanol (93:7, 72 h) to obtain a
170 corresponding total lipid extract (TLE). The TLEs were spiked with a mixture of recovery
171 standards (including C₂₄ *n*-alkane, C₁₉ *n*-alkanol, and C₁₉ *n*-alkanoic (fatty) acid) and transesterified
172 with methanol (5% HCl, 70°C for 12 h) of known isotopic composition to hydrolyze bound fatty
173 acids and to form corresponding methyl esters. Lipid class sub-fractions (including hydrocarbon,
174 fatty acid methyl esters (FAMES), aldehyde/ketone, and alkanol) were obtained using SiO₂ gel flash
175 chromatography, eluting with different polarity solvents (modified after Farrington et al., 1988).
176 The hydrocarbon fraction was eluted with hexane and then further purified by AgNO₃ thin layer
177 chromatography (TLC) and urea adduction (Marquart et al., 1968) to yield a fraction dominated by
178 plant wax *n*-alkanes. FAMES were eluted with ethyl acetate/hexane (10:90). Aldehyde/ketone
179 and alkanol fractions were eluted with ethyl acetate/hexane (5:95 and 20:80, respectively) and further
180 purified by urea adduction. *n*-Alkanols were converted to corresponding acetates after reaction
181 with acetic anhydride in pyridine (65 °C, 15 min). Small aliquots (ca. 5%) of each fraction were
182 reserved for gas chromatography-mass spectrometry (GC-MS) and gas chromatography-flame
183 ionization detector (GC-FID) analysis (Section 2.4) and stable carbon isotopic analysis by isotope
184 ratio monitoring gas chromatography-mass spectrometry (irm-GC-MS; Section 2.5). Individual
185 lipids were isolated by PCGC for ¹⁴C analysis (Section 2.6).

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187 **2.3. Isolation of Lignin Phenols**

188 Lignin phenols were released from the solvent-extracted sediments using CuO oxidation and
189 isolated by both PCGC- and HPLC-based methods. For PCGC isolation, we used 10-mL
190 Teflon-lined bombs for CuO oxidation. In order to process a large volume of sample
191 simultaneously, we first treated solvent-extracted sediments (~150 g) with HCl (10% w/v, ~200 ml)
192 and HF (40% w/v, ~25 ml) sequentially to reduce mineral content and sample volume. The
193 resulting residues (< 5 g) were then solvent extracted (Section 2.2) again to remove any residual
194 soluble material and subsequently subjected to alkaline CuO oxidation (2 g CuO, 150 °C, 1.5 h) to
195 release lignin phenols (Hedges and Ertel, 1982; Goñi et al., 1993). The lignin oxidation product
196 (LOP) was spiked with a recovery standard (ethyl vanillin) and extracted with ethyl acetate after
197 acidification to pH 2. To assess the concentration and ¹³C isotopic composition of LOP, an aliquot
198 was derivatized with N,O-bis-(trimethylsilyl)trifluoroacetamide (BSTFA) and pyridine (70 °C, 1 h)
199 and analyzed by GC-FID and irm-GC-MS as trimethylsilyl (TMS) derivatives, respectively. Based
200 on the similar yield and composition of lignin phenols as compared to previous results in the same
201 sedimentary region (Section 3.3), we do not think that HCl/HF treatment caused significant removal
202 of lignin during the pretreatment. Due to the instability of TMS derivatives, isolation of individual
203 lignin phenols by PCGC for ¹⁴C measurement required formation of more stable derivatives. We
204 converted alkanol and acidic groups to methyl ethers and esters, respectively, using dimethyl sulfate
205 (McNichol et al., 2000). Briefly, dried LOP was mixed with dimethyl sulfate in excess, 10–20 mg
206 K₂CO₃, and 2 mL of dry acetone and stirred at 70 °C overnight. Unreacted dimethyl sulfate was then
207 destroyed with a few drops (< 1 mL) of 30% ammonium hydroxide solution by stirring for 1 h. The
208 methylated phenols were extracted with diethyl ether, dried over sodium sulfate, and isolated by
209 PCGC (see Section 2.6).

210 For the HPLC isolation of lignin phenols (Fig. 1), a second portion of the solvent-extracted
211 sediments (~100 g) was first hydrolyzed with 1 M KOH in methanol (100 °C, 3 h) to remove
212 hydrolysable lipids (Otto and Simpson, 2006; 2007). This step also removed some phenol moieties

213 (including vanillin, vanillic acid, p-coumaric acid, and ferulic acid) that are present in the suberin
214 macromolecule (Otto and Simpson, 2006). These phenols amounted to < 4% of lignin phenols
215 released by CuO oxidation (data not shown) and were not considered to represent ‘true’ lignin (cf.
216 Otto and Simpson, 2006; 2007). The residues were then subjected to CuO oxidation on a
217 microwave system (MARS, CEM Corporation) following a modification of the method described by
218 Goñi and Montgomery (2000), which allowed for a larger quantity of sediments to be processed.
219 Approximately 20 g of sediment, 4 g of CuO, 0.6 g of ferrous ammonium sulfate, and 20 mL of
220 N₂-bubbled NaOH solution (2 M) were loaded into each of 5 vessels for one sample. Vessels
221 containing all reagents but no sample were also included as “procedural blanks” along with each
222 batch of sediment or standard plant tissue samples. All vessels were vacuum-purged with N₂ four
223 times and oxidized at 150°C for 1.5 h. LOP was extracted with ethyl acetate after acidification to
224 pH 2 and blown carefully to < 100 µL under N₂ for subsequent procedures (Section 2.7).

225

226 **2.4. GC-MS and GC-FID Analysis**

227 Small aliquots of lipid sub-fractions (including *n*-alkanes, FAMES, *n*-aldehydes, and *n*-alkanol
228 acetates) and the TMS derivatives of lignin phenols were identified on an HP 5890 series II GC
229 interfaced with a VG Autospec-Q mass spectrometer (MS). Lipids were separated on a
230 CP-Sil-5-CB column (30 m × 0.25 mm i.d., film thickness, 0.25 µm) and phenols were separated on
231 a J&W DB-1 column (60 m × 0.32 mm; film thickness, 0.25 µm) using He carrier gas (1 mL min⁻¹)
232 and a temperature program from 50 °C (initial hold time, 0 min) to 320 °C at a rate of 6 °C min⁻¹.
233 Spectra were obtained by scanning over the range 50-600 amu, with a cycle time of 1 s. Electron
234 impact ionization (EI) at 70 eV was used for all analyses. Quantification was achieved on a
235 GC-FID using the same columns and GC program by comparison with internal standards.

236

237 **2.5. Stable Carbon Isotopic Analysis by irm-GC-MS**

238 Stable carbon isotopic measurements of lipid fractions and lignin phenols TMS derivatives were
239 performed on an HP 6890 GC coupled with a Finnigan MAT Delta^{plus} isotope ratio MS system.
240 Instrumental conditions were described previously (Goñi and Eglinton, 1994, 1996; Feakins et al.,
241 2005). The mass-spectrometer was calibrated using deuterated *n*-alkane internal isotopic standards
242 (co-injected with the sample) as well as external CO₂ gas standards for each run. The δ¹³C values
243 of fatty acids, *n*-alkanols, and lignin phenols were corrected for the derivative carbon based on
244 isotopic mass balance and the associated errors were propagated. Uncertainty of δ¹³C values was
245 typically ~0.4 ‰ for plant wax lipids and 0.1-1.2 ‰ for lignin phenols due to the large number of
246 derivative carbons added.

247

248 **2.6. Isolation of Plant Wax Lipids and Lignin Phenols by PCGC**

249 Individual plant wax lipids and methylated lignin phenols were isolated by PCGC for ¹⁴C
250 analysis as described previously (Eglinton et al., 1996; McNichol et al., 2000). Briefly, plant wax
251 lipids and methylated lignin phenols were separated on a 30-m “megabore” R_{TX}-1 (Restek; 0.53 mm
252 i.d.; film thickness, 0.5 μm) and on a 60-m DB-5 fused silica column (0.53 mm i.d.; film thickness,
253 0.5 μm), respectively. Typically, > 100 injections were required to isolate sufficient amounts
254 (15–350 μg C, Supplementary Table S.1) of individual compounds. A small aliquot was used to
255 check compound identity and purity by GC-MS.

256

257 **2.7. Purification and Isolation of Lignin Phenols by HPLC**

258 Before HPLC isolation, lignin phenols were purified through two solid phase extraction (SPE)
259 steps (Fig. 1). In details, the LOP (dissolved in < 100 μL of ethyl acetate) was diluted in ~0.5 mL
260 of deionized water (pH 2), and loaded onto a Supelclean ENVI-18 SPE cartridge (Supelco,
261 pre-conditioned with methanol and water). Lignin phenols were eluted with acetonitrile while
262 neutral compounds and other impurities were retained on the cartridge (Lima et al., 2007). The

263 purified LOP was blown under N₂ to a volume of < 0.5 mL and further separated on a self-packed
264 amino SPE cartridge (0.5 g, Supelclean LC-NH₂, Supelco, preconditioned with methanol) into
265 phenolic aldehydes/ketones (eluting with methanol) and their corresponding acids (eluting with
266 methanol:12 M HCl, 95:5), which have very similar retention times on subsequent HPLC analysis.
267 Each fraction was then blown to < 50 µL under N₂ and re-dissolved in methanol for HPLC
268 separation. Due to the high volatility of phenols, solvents were never completely removed during
269 the extraction and purification steps to avoid sample loss. Recovery of phenols from the two-SPE
270 cleanup procedure ranged from 65-110% (Supplementary Table S.2). Procedural blanks containing
271 no sediments during CuO oxidation and standard plant tissues with pre-determined ¹⁴C contents were
272 processed in the same manner for method validation.

273 An HPLC method was developed to isolate individual lignin phenols utilizing two LC columns
274 with different selectivity in order to afford phenol separation at a much higher amount (up to 30 µg
275 and average of 16 µg compound per injection) than PCGC without derivatization. Purified LOP
276 fractions were separated on an Agilent 1200 HPLC system consisting of a degasser, a binary pump,
277 an injection autosampler, coupled to a diode array detector (DAD), and a fraction collector, or a 6310
278 quadrupole MS system. The fraction containing phenolic aldehydes/ketones was first separated on
279 a Phenomenex Synergi Polar-RP column (4.6 × 250 mm; 4 µm pore size) along with a Polar-RP
280 SecurityGuard column (4.0 × 3.0 mm; 4 µm pore size). Phenols were eluted from the column using
281 a binary gradient program (Table 1) of water/acetic acid (99.8:0.2; Solvent A) and
282 methanol/acetonitrile (50:50; Solvent B). The column was maintained at 28 °C, and the initial
283 conditions were 10% Solvent B at a flow rate of 0.8 mL/min for the first 3 min. The gradient
284 program ramped to 15% Solvent B by 8 min, 20% by 15 min, held at 20% till 22 min, ramped to
285 25% by 27 min, held at 25% till 36 min, finally ramped to 100% by 37 min, and was held for 5 min
286 at 100% to wash the column. Subsequently, the column was re-equilibrated in 10% Solvent B for 5
287 min between injections. Phenols were detected by DAD (280 nm) and MS (atmospheric pressure

288 chemical ionization-negative ion mode, conditions described as in Hoffmann et al., 2007).
289 Individual phenols were collected in 20-mL glass vials using time-based fraction collection from the
290 beginning to the end of the time interval of each phenol UV peak. Phenols were recovered from the
291 mobile phase through extraction with ethyl acetate at pH 2 and gently blown to < 50 μ L under N₂.
292 In order to remove impurities or phenols co-eluting on the Polar-RP column, all the isolated phenolic
293 aldehydes/ketones were re-dissolved in methanol and further purified individually on a ZORBAX
294 Eclipse XDB-C18 column (4.6 \times 150 mm; 5 μ m pore size) with a ZORBAX Eclipse C18 guard
295 column (4.6 \times 12.5 mm; 5 μ m pore size; after Lobbes et al., 1999; Fig. 2a) using the same mobile
296 phases and a slightly different gradient program (Table 1). In most cases, a total of 8 injections (10
297 μ L each) were conducted for each sample to collect approximately 40-300 μ g of each phenol (i.e.,
298 ~20-150 μ g C) for ¹⁴C measurement. Similarly, the fraction containing phenolic acids was
299 separated on a ZORBAX Eclipse XDB-C18 column followed by further isolation on a Phenomenex
300 Polar-RP column using similar binary gradient programs (Table 1; Fig. 2b). After isolation, lignin
301 phenols were purified using a 5% deactivated SiO₂ column with ethyl acetate as the eluting solvent
302 to remove potential column bleed. Recovery of phenols from the SiO₂ column was typically > 90%
303 and the overall recovery of phenols from the SPE and HPLC procedures was estimated around
304 60-80% by comparing phenol quantities before and after purification and isolation steps on the
305 GC-FID. As also reported by Ingalls et al. (2010), the biggest loss of sample occurred during
306 solvent removal processes due to the volatile nature of phenols. Although any isotopic
307 fractionation that might occur during evaporation was corrected for with the ¹³C/¹²C ratio during
308 AMS measurement, significant sample loss via solvent dry down should be avoided. Heating was
309 therefore not used during N₂ blow-down when the solvent level was low. A small aliquot of
310 purified phenols was removed and derivatized to check compound identity and purity by GC-MS as
311 described previously (Supplementary Fig. S.1), and found to yield purities > 99%. Procedural
312 blanks from CuO oxidation and SPE purification were injected 8 times on HPLC, collected at time

313 intervals corresponding to the retention time of lignin phenols, and purified in the same way. A
314 small aliquot of the resulting procedure blank was derivatized with BSTFA and pyridine and
315 analyzed on GC-MS for its composition. No distinct peaks were observed in the GC-MS trace.
316 The rest of the procedure blanks were combusted to CO₂ and quantified in a calibrated volume on the
317 vacuum line (Section 2.8).

318

319 **2.8. Radiocarbon Measurement by Accelerator Mass Spectrometry (AMS)**

320 Quartz tubes and CuO catalysts were pre-combusted at 850 °C for 5 h one day before use.
321 Decarbonated sediments, phenol standards, individual plant wax lipids and lignin phenols isolated
322 from sediments and plant tissues, and HPLC-processed procedural blanks were transferred to
323 pre-combusted quartz tubes using DCM:methanol (1:1) where necessary. After any solvents used
324 in sample transfer were carefully removed under a gentle stream of N₂ gas, quartz tubes were
325 sonicated in water for 1 min and gently blown again under N₂ gas without heat for 1 min to ensure
326 complete dryness. The samples were subsequently combusted in evacuated pre-combusted quartz
327 tubes in the presence of CuO at 850 °C for 5 h. Resulting CO₂ was dried, quantified on the vacuum
328 line, and subsequently converted to graphite using standard methods (Pearson et al., 1998) for
329 radiocarbon analysis with accelerator mass spectrometry (AMS) at the National Ocean Sciences
330 Accelerator Mass Spectrometer (NOSAMS) facility at the Woods Hole Oceanographic Institution.
331 Radiocarbon contents are reported as fraction modern carbon (F_m), Δ¹⁴C (‰), and conventional ¹⁴C
332 age (Stuiver and Polach, 1977). Errors associated with AMS measurement depend on the sample
333 size, ¹⁴C content and instrument performance at the time of measurement, etc. The long-term
334 average error associated with AMS measurement is typically about ± 15 ‰. The radiocarbon
335 contents were corrected for the derivative carbon (where necessary) and procedural blanks using a
336 mass balance approach. The associated errors were propagated in the results.

337 Procedural blanks as referred to in this paper include any background carbon originating from
338 reaction vessels, SPE bonding materials, GC or LC column bleed, HPLC reagents (MilliQ water),
339 and/or background CO₂ on vacuum line. We made every attempt to reduce the procedural blank by
340 pre-combusting glassware, quartz tubes, SiO₂ and CuO before use, pre-rinsing SPE cartridges, and
341 purifying isolated compounds with SiO₂ columns after PCGC or HPLC isolation. Based on our
342 experience (Galy and Eglinton, 2011), procedural blanks associated with the PCGC procedures
343 (including extraction and combustion) carry $1.8 \pm 0.9 \mu\text{g}$ of C with an F_m of 0.44 ± 0.10 .
344 Procedural blanks associated with HPLC procedures were assessed separately in Section 3.2.3.1
345 using phenols purified from authentic standards and plant reference materials.

346

347 **2.9. Isotopic Mass Balance Model and Statistics**

348 We employed an isotopic mass balance model to assess the relative contribution of terrestrial
349 (including soil and vascular plants), marine, and relict OC to bulk sediments following a procedure
350 described previously (Pearson and Eglinton, 2000; Drenzek et al., 2007). Briefly, the model is
351 expressed in the following three equations:

$$352 \quad f_T(\Delta^{14}\text{C}_T) + f_M(\Delta^{14}\text{C}_M) + f_R(\Delta^{14}\text{C}_R) = \Delta^{14}\text{C}_S \quad (1)$$

$$353 \quad f_T(\delta^{13}\text{C}_T) + f_M(\delta^{13}\text{C}_M) + f_R(\delta^{13}\text{C}_R) = \delta^{13}\text{C}_S \quad (2)$$

$$354 \quad f_T + f_M + f_R = 1 \quad (3)$$

355 where f is the fractional abundance and the subscripts T, M, R, and S are terrestrial, marine, relict
356 OC, and bulk sediment sample, respectively. Among them, $\delta^{13}\text{C}_T$ and $\delta^{13}\text{C}_M$ have a value of
357 -25.5 ‰ and -21.5 ‰ respectively, as determined by Hedges and Mann (1979a). The $\delta^{13}\text{C}_R$ and
358 $\Delta^{14}\text{C}$ values of end members were constrained by the isotopic characteristics of analyzed biomarkers
359 (Section 4.3). Comparison of isotopic values was tested using ANOVA or t test and the difference
360 was considered to be significant at the level of $P < 0.05$.

361

3. RESULTS AND DISCUSSION

3.1. Bulk Geochemical Properties of the Washington Margin Sediments

Table 2 provides information on the bulk geochemical properties of the two Washington margin surface sediment samples studied. Similar to previous observations (Hedges and Mann, 1979a; Prahl and Carpenter, 1984; Prahl, 1985), the inner shelf sediment (St 1) had a lower OC content (0.40 %) than the mid-shelf sample (St 2; 0.93 %) due to the coarser-grained texture of the former. This trend is typical of Washington margin sediments, where coarse materials emanating from the Columbia River accumulate in the inner shelf whereas silts and finer particles with a higher OC content are preferentially transported farther from the source to the mid shelf and upper slope (Hedges et al., 1999; Coppola et al., 2007). Bulk OC had an identical $\delta^{13}\text{C}$ value of -25.3 ‰ at both stations, consistent with the C_3 terrestrial plant carbon signal (-25.5 ‰) supplied by the Columbia River (Hedges and Mann, 1979a; Prahl et al., 1994). Bulk OC in the surface sediment (0-4 cm) had a $\Delta^{14}\text{C}$ value of -195 and -136 ‰ for St 1 and 2, corresponding to a radiocarbon age of 1700 and 1140 years, respectively. These values are much more depleted than the $\Delta^{14}\text{C}$ values of surface dissolved inorganic carbon in the North Pacific Ocean in the 70s-90s (> 0 ‰; Key et al., 2002) and the ages are significantly older than the deposition time of the sediments (approximately over 50-100 years of sampling time) based on the mixed layer depth (20-30 cm) and sedimentation rate of 400-300 cm/kyr across the region (Coppola et al., 2007), reflecting significant pre-aging of the bulk OC before its deposition into the sediments.

3.2. Molecular and Isotopic Characteristics of Lignin Phenols

3.2.1. Molecular Composition

Eight “characteristic” lignin-derived phenolic monomers (Λ_8 ; Hedges and Mann, 1979a) were detected in high concentrations in the Washington margin sediments (Table 3), reflecting both the high abundance of lignin as a component of terrestrial plant biomass and the preferential

387 accumulation of woody plant fragments (which have a high lignin content) from the mouth of
388 Columbia River to mid shelf (Hedges and Mann, 1979a). Vanillyl phenols were the most abundant
389 phenols and ratios of syringyl-to-vanillyl (S/V) and cinnamyl-to-vanillyl (C/V) phenols ranged at
390 0.19-0.30 and 0.04-0.05, respectively, comparable to the lignin phenol composition found at the
391 nearby sites (Hedges and Mann, 1979a) and implying mixed inputs of angiosperm (minor) and
392 gymnosperm (major) tissues (Hedges and Mann, 1979b; Prahl, 1985; Keil et al., 1998; Goñi et al.,
393 2000). Despite a general similarity in lignin composition, the acid-to-aldehyde ratio for syringyl
394 phenols (Ad/Al)_s, a lignin degradation indicator (Hedges et al., 1988; Opsahl and Benner, 1995), was
395 higher at St 2 than St 1 (Table 3). This observation coincides with an enrichment of relatively
396 undegraded woody debris (with a lower (Ad/Al)_s ratio) in the coarse fractions that are deposited
397 closer to the river mouth (i.e., St 1; Keil et al., 1994; 1998).

398 In addition to the 8 monomers, three dimeric lignin phenols that are most abundant in
399 gymnosperm wood (5-vanillovanillin, 5-vanilloacetovanillone, and dehydrovanillinvanillic acid;
400 Goñi and Hedges, 1992) were detected in both sediments, albeit at much lower concentrations (< 1.0
401 mg/g OC). Similar to previous studies (Prahl et al., 1994; Keil et al., 1998),
402 *p*-hydroxybenzaldehyde, 3,5-dihydroxybenzoic acid (DHA), and dihydroxy C₁₆ fatty acid were also
403 identified as LOP in both sediments. Among them, dihydroxy C₁₆ fatty acid is known to derive
404 from higher plant cutin (Goñi and Hedges, 1990), whereas the source of the hydroxybenzene
405 compounds is less clear. *p*-Hydroxybenzaldehyde may derive from protein as well as lignin (Goñi
406 et al., 2000), and has been detected in algal extracts (Feng et al., unpublished results). DHA, a
407 common LOP in sediments and soils but not of fresh vascular plant tissues, has been proposed to be a
408 product of soil alteration processes but has also been detected in brown macroalgae (Prahl et al.,
409 1994). DHA occurred in both sediment samples in a comparable abundance to lignin phenols
410 (~1.0-1.3 mg/g OC) whereas *p*-hydroxybenzaldehyde and dihydroxy C₁₆ fatty acid were present in
411 much lower concentrations (< 1.0 mg/g OC).

412

413 3.2.2. Stable Carbon Isotopic Composition

414 The $\delta^{13}\text{C}$ values of individual lignin-derived monomers fell between -30 and -34 ‰ for both
415 stations (with the exception of acetosyringone; Fig. 3a), 5-9 ‰ more depleted than the bulk OC.
416 This offset is slightly higher than the typical $\delta^{13}\text{C}$ offset between macromolecular lignin and bulk OC
417 in plant tissues (2-6 ‰; Benner et al., 1987). However, the $\delta^{13}\text{C}$ values of lignin monomers fell
418 within the range of $\delta^{13}\text{C}$ values reported for C_3 plant lignin phenols (-31.1 ± 3.7 ‰, Goñi and
419 Eglinton, 1996; -32.9 ± 2.5 ‰, Bahri et al., 2006) which fractionated against plant bulk OC by as
420 much as -9.8 ‰. No general trend was observed for the isotopic composition among the aldehyde,
421 ketone, and acid monomers of vanillyl and syringyl phenols. Acetovanillone was the most
422 ^{13}C -enriched phenol at both stations (-29.9 and -29.6 ‰ for St 1 and 2 respectively), while
423 acetosyringone had exceptionally low $\delta^{13}\text{C}$ values (-43.3 and -44.6 ‰). Such an isotopic depletion
424 in acetosyringone has not been observed in plant tissues (Goñi and Eglinton, 1996; Bahri et al., 2006)
425 and appears inconsistent with an origin of C_3 plants. We, therefore, suspect that acetosyringone
426 co-eluted with an impurity during irm-GC-MS analysis. Syringic acid at St 2 exhibited a lower
427 $\delta^{13}\text{C}$ value (-36.7 ‰) as compared to the other lignin monomers, and syringyl phenols generally
428 were slightly more ^{13}C -depleted than vanillyl phenols at both stations. Cinammyl phenols, i.e.,
429 *p*-coumaric acid and ferulic acid, gave similar isotopic results (ca. -33 and -30 ‰ respectively), with
430 the former being systematically more depleted. The abundance-weighted $\delta^{13}\text{C}$ values for the Λ_8
431 phenols (excluding acetosyringone) were -32.0 and -31.7 ‰ for St 1 and St 2 respectively,
432 6.2-6.5 ‰ more depleted than the bulk tissue of C_3 plants in the Columbia River drainage basin
433 (-25.5 ‰; Hedges and Mann, 1979a), exhibiting an offset close to the reported fractionation between
434 lignin and plant OC (2-6 ‰; Benner et al., 1987).

435 Three dimeric lignin phenols (5-vanillovanillin, 5-vanilloacetovanillone, and
436 dehydrovanillinvanillic acid) had similar $\delta^{13}\text{C}$ values (-31.3 to -35.9 ‰). *p*-Hydroxybenzaldehyde

437 yielded similar values to lignin phenols for both stations, suggesting a predominantly vascular plant
438 origin. DHA was markedly depleted in ^{13}C at both stations and had a similar $\delta^{13}\text{C}$ value (ca. -42‰)
439 to acetosyringone, possibly due to co-eluting impurities as well. Finally, cutin-derived dihydroxy
440 C_{16} fatty acid yielded values (ca. -34‰) close to those of lignin phenols.

441

442 **3.2.3. Radiocarbon Composition**

443 **3.2.3.1. Assessment of Lignin Phenol ^{14}C Measurement Based on HPLC Isolation**

444 To assess the accuracy of radiocarbon measurement involving the HPLC isolation method, we
445 first compared the measured F_m values of individual lignin phenols (34-281 $\mu\text{g C}$ each, similar to the
446 Washington margin sample size ranging from 22-235 $\mu\text{g C}$, Table 4 and Supplementary Table S.1)
447 “isolated” from authentic standards and plant tissue reference materials with the nominal F_m values
448 of their corresponding bulk OC. The offset between the measured (not corrected for procedural
449 blanks) and nominal F_m values of lignin phenols ranged from -0.0266 to $+0.0267$ with an average of
450 -0.0021 ± 0.0175 (Table 4). Procedural blanks associated with HPLC procedures yielded 2 ± 0.5
451 $\mu\text{g C}$, similar values to those reported with HPLC isolation steps (Hou et al., 2010; Ingalls et al.,
452 2010). We were unable to directly measure the radiocarbon content of our procedural blanks as
453 sample sizes were too low. Instead, we indirectly estimated their F_m value using a mass balance
454 approach (Ziolkowski and Druffel, 2009), assuming that sedimentary and standard phenols were
455 diluted with a constant amount of blank ($2 \pm 0.5 \mu\text{g C}$) with a constant radiocarbon content which
456 caused an offset between the measured and nominal F_m values of the phenol standards that we
457 measured (ΔF_m ; Table 4). A range of F_m values (from 0.000 to 1.000) were tested to correct the
458 measured F_m values of all phenol standards (Table 4; Fig. 4). An F_m value of 0.48 ± 0.10 was
459 chosen for subsequent corrections of HPLC-based measurement, which decreased the F_m offset to an
460 average of 0.0000 ± 0.0131 (Table 4; Fig. 4), corresponding to a $\Delta^{14}\text{C}$ offset of $0 \pm 13\text{‰}$. The high
461 uncertainty (± 0.10) assigned to the F_m value of HPLC procedural blank is similar to that of the

462 PCGC blanks and most likely made it reasonable to compare the $\Delta^{14}\text{C}$ values of compounds isolated
463 using different methods. Overall, syringyl and cinnamyl phenols exhibited an offset of $-0.0073 \pm$
464 0.0002 and -0.0160 ± 0.0074 relative to their nominal F_m values respectively, whereas vanillyl
465 phenols showed an offset of $+0.0044 \pm 0.0124$ after blank corrections. These values are not
466 considered to be significantly different (one-way ANOVA; $P = 0.73$), especially when the errors of
467 measured F_m values are taken into account (up to ± 0.0090 ; Table 4). Different lignin phenols
468 isolated from the same plant tissues had similar F_m values (Table 4). The F_m offset between
469 individual phenols (within 0.0434, comparable to a $\Delta^{14}\text{C}$ offset of ~ 40 ‰) is comparable to that
470 reported by Hou et al. (2010) and yet our measurement encompasses a broader array of lignin
471 phenols. Although this variability is slightly larger than the uncertainties associated with
472 processing (including extraction, HPLC isolation and combustion; 0 ± 13 ‰) and the average error
473 of long-term AMS measurement (± 15 ‰), it is sufficiently small to address questions concerning
474 the cycling of lignin in the environment.

475 As compared to other published HPLC isolation methods of lignin phenols for radiocarbon
476 measurement (Hou et al., 2010; Ingalls et al., 2010), our procedure has two important advantages.
477 First, purification through two SPE cartridges greatly improves baseline separation on the subsequent
478 HPLC analysis. In particular, the aldehyde/ketone fraction of LOP eluting from amino SPE was
479 promising for lignin isolation on HPLC in that this fraction from both plant tissues and Washington
480 margin sediments was almost colorless and yielded a flat baseline during HPLC-DAD (Fig. 2a).
481 This is particularly important for complex environmental samples, from which interfering non-lignin
482 compounds are liberated during CuO oxidation (products of protein and carbohydrate hydrolysis,
483 etc.). Second, SPE cartridges help to concentrate lignin phenols such that phenols of relatively
484 lower abundances can be isolated fairly easily, enabling a broader array of lignin phenols to be
485 targeted for radiocarbon measurement. Notably, we successfully isolated two lignin phenols
486 (*p*-coumaric acid and ferulic acid) that had a very low abundance in the Washington margin

487 sediments, demonstrating the effectiveness of our HPLC isolation method. Admittedly, two solvent
488 dry-down steps were added by using two SPE cartridges in cleaning up extracts, which may increase
489 the potential loss of lignin phenols through volatilization. Special care was taken in those steps to
490 prevent complete removal of solvents and the recovery of phenols was quite satisfactory (Table S.2).
491 We hence recommend the use of SPEs to purify samples and to protect HPLC columns.

492

493 **3.2.3.2. $\Delta^{14}\text{C}$ Values of Lignin Phenols Isolated by HPLC and PCGC from Washington Margin**

494 Radiocarbon content was then compared for individual lignin phenols isolated from the
495 Washington margin sediments using both PCGC and HPLC methods. Lignin phenols isolated by
496 HPLC from the Washington margin sediments had $\Delta^{14}\text{C}$ values ranging from -64 to -132 ‰ at St 1
497 and from -45 to -150 ‰ at St 2 (Fig. 3a; Table S.1). Vanillic acid and vanillin were the most
498 ^{14}C -depleted phenols in St 1 and St 2, respectively. The abundance-weighted $\Delta^{14}\text{C}$ values for three
499 vanillyl phenols were -107 ± 3 and -134 ± 4 ‰ for St 1 and St 2, respectively, more depleted than
500 those of individual syringyl (by 41-57 ‰) or cinammyl phenols (40-89 ‰) at the respective stations
501 (t test; $P < 0.05$). Vanillyl phenols at St 1 were significantly more enriched in ^{14}C than those at St 2
502 (t test; $P < 0.05$).

503 By comparison, lignin phenols isolated by PCGC displayed $\Delta^{14}\text{C}$ values ranging from -13 to
504 -105 ‰ in St 1, and from -23 to -116 ‰ in St 2 (Fig. 3a; Table S.1). Values were similar for both
505 stations and in both cases vanillin was the most ^{14}C -depleted component. Because not all phenols
506 were measured for ^{14}C , we calculated the abundance-weighted $\Delta^{14}\text{C}$ values for the same phenols
507 analyzed at both stations. Three vanillyl phenols and two syringyl phenols (acetosyringone and
508 syringic acid) isolated by PCGC had an average $\Delta^{14}\text{C}$ value of -86 ± 7 and -17 ± 21 ‰ respectively
509 at St 1 and -105 ± 16 and -50 ± 13 ‰ respectively at St 2. These values were statistically
510 indistinguishable between St 1 and St 2. Similar to the HPLC-based measurements, PCGC-isolated
511 vanillyl phenols were significantly more depleted in ^{14}C than syringyl phenols at both stations (by

512 55-69 ‰; *t* test; *P* < 0.05).

513 Overall, HPLC-based $\Delta^{14}\text{C}$ values of vanillyl phenols were 21-29 ‰ more depleted than
514 PCGC-based values. Admittedly, sample pretreatment differed for the PCGC- and HPLC-isolated
515 lignin phenols (HCl/HF treatment and alkaline hydrolysis before CuO oxidation, respectively). The
516 $\Delta^{14}\text{C}$ offset is however not considered to be affected by the treatment procedures, because: (a) the
517 concentration and composition of lignin phenols was similar to those measured previously in the
518 Washington margin (Hedges and Mann, 1979a; Prahl, 1985; Prahl et al., 1994; Keil et al., 1998); (b)
519 the HCl/HF treatment did not induce a depletion in the $\Delta^{14}\text{C}$ value of lignin phenols in the treated
520 residues as is suspected for the acid-insoluble OC (Rumpel et al., 2008); and (c) even when we
521 assume that phenols extracted by hydrolysis (which yielded 2-4% of their respective counterparts
522 from the CuO oxidation) carry a modern $\Delta^{14}\text{C}$ value of 0 ‰, they would only increase the $\Delta^{14}\text{C}$ value
523 of HPLC-isolated phenols by 4 ‰, much smaller than the offset between PCGC and HPLC-based
524 $\Delta^{14}\text{C}$ values. Actually, a discrepancy of 21-29 ‰ is similar in size to the $\Delta^{14}\text{C}$ variability of
525 individual phenols isolated from the same wood standards (38 ‰) and not considered to be
526 significant, particularly when the average uncertainties of AMS measurement (± 15 ‰) and blank
527 assessment (0 ± 13 ‰ for the HPLC method) are taken into account. As compared with the PCGC
528 method, HPLC-based isolation of lignin phenols is preferred as it does not require derivatization and
529 consumes far less instrument time (2 columns \times 5 injections for HPLC versus >100 injections for
530 PCGC).

531

532 **3.3. Molecular and Isotopic Characteristics of Plant Wax Lipids**

533 **3.3.1. Molecular Composition**

534 In comparison to lignin phenols, solvent extractable *n*-alkyl lipids were present in much lower
535 concentrations in both sediments (Table 3). *n*-Alkanes were present in the range of C₁₉₋₃₅ and
536 exhibited a marked odd-over-even carbon number preference (carbon preference index, CPI =

537 $\sum C_{21-31}$ odd-numbered *n*-alkanes/ $\sum C_{22-32}$ even-numbered *n*-alkanes of 3.1 and 4.2 at St 1 and 2,
538 respectively). The average chain length (ACL) was 27.0 and 28.1 for *n*-alkanes at St 1 and 2,
539 respectively, with *n*-C₂₉ *n*-alkane being the most abundant homologue. The concentration of plant
540 wax *n*-alkanes ($\sum C_{25-31}$ odd-numbered) was 0.08 and 0.09 mg/g OC at St 1 and 2, respectively (Table
541 3), consistent with previous reports (Prahl and Carpenter, 1984; Prahl, 1985; 1994). *n*-Alkanoic
542 (fatty) acids, *n*-alkanols, and *n*-aldehydes exhibited a strong even-over-odd carbon number
543 predominance with C₂₄, C₂₆, and C₂₈ as the most abundant homologue for *n*-alkanoic acids,
544 *n*-alkanols, and *n*-aldehydes, respectively. The ACL varied between 24.8 and 27.1 in both stations.
545 These data are consistent with previous observations on the lipid composition of Washington margin
546 coastal sediments (Prahl and Pinto, 1987) and indicate a predominant terrestrial input. Long-chain
547 fatty acids ($\sum C_{24-32}$ even-numbered) were the most abundant plant wax lipids in both sediments with
548 a concentration of 0.18 and 0.12 mg/g OC at St 1 and 2, respectively (Table 3). $\sum C_{24-32}$
549 even-numbered *n*-alkanols and *n*-aldehydes ranged from 0.06 to 0.09 mg/g OC.

551 3.3.2. Carbon (¹³C, ¹⁴C) Isotopic Compositions and OC Sources

552 Individual *n*-alkanes displayed $\delta^{13}\text{C}$ values between -30 and -33 ‰ (Fig. 3b), 5 to 8 ‰ more
553 ¹³C-depleted than the bulk OC. Within homologous series, C₃₁ and C₃₃ *n*-alkanes exhibited the
554 most depleted $\delta^{13}\text{C}$ values at both stations, indicating an origin predominantly from C₃ plant waxes
555 for the longer chain homologues (Collister et al., 1994; Rommerskirchen et al., 2006b; Chikaraishi
556 and Naraoka, 2007). *n*-Alkanes (C_{27, 29, 31}) that were characteristic of higher plant waxes had a
557 similar radiocarbon content to the bulk OC, varying slightly within -100 to -125 ‰ at both stations
558 (Fig. 3b). Their corresponding abundance-weighted $\delta^{13}\text{C}$ and $\Delta^{14}\text{C}$ values were -32.4 ‰ and -104
559 ± 22 ‰ for St 1, and -32.5 ‰ and -122 ± 15 ‰ for St 2, respectively. In sharp contrast, the
560 summed $\Delta^{14}\text{C}$ values of shorter-chain C_{21, 23, 25} *n*-alkanes were significantly more depleted (-588 and
561 -506 ‰ for St 1 and 2, respectively), while the C_{22, 24, 26} homologues showed an even stronger

562 depletion (−969 and −747 ‰, respectively), suggesting a predominant input from relict sources to
563 C_{22, 24, 26} *n*-alkanes (particularly for St 1) and, to a less extent, to C_{21, 23, 25} *n*-alkanes (cf. Pearson and
564 Eglinton, 2000; Pearson et al., 2001; Drenzek et al., 2007). Among these *n*-alkanes that showed
565 signs of non-plant inputs, the even-numbered homologues had similar $\delta^{13}\text{C}$ values (ca. −32 ‰) to
566 their odd-numbered counterparts in the C₂₂-C₂₉ range, whereas shorter chain (C₁₉-C₂₁) homologues at
567 St 1 had the most enriched values (−30.2 to −31.0 ‰).

568 In contrast to *n*-alkanes, even-numbered fatty acids exhibited a wider range of $\delta^{13}\text{C}$ values
569 varying from −26.0 to −33.9 ‰ and a wide range of $\Delta^{14}\text{C}$ values between −204 to +179 ‰ (Fig. 3c).
570 Short-chain fatty acids (C₁₄, C₁₆, C₁₈) had the highest $\delta^{13}\text{C}$ values (−26.0 to −26.9 ‰), ~4-5 ‰ more
571 depleted than marine planktonic OC (−21.5 ‰; Hedges and Mann, 1979a; Prahl et al., 1994) in the
572 Washington margin. This isotopic offset is close to the fractionation between fatty acids and
573 biomass (~4 ‰; Hayes, 1993; Schouten et al., 1998). C₁₆ and C₁₈ fatty acids also displayed the
574 most enriched $\Delta^{14}\text{C}$ values between +4 to +179 ‰. These data collectively suggest a strong
575 algal/bacterial contribution with a (greater than) modern radiocarbon age to short-chain fatty acids
576 (Perry et al., 1979; Volkman et al., 1998). Longer-chain (C₂₆-C₃₂) homologues displayed a similar
577 range of $\delta^{13}\text{C}$ values (−29.8 to −33.9 ‰) to long-chain *n*-alkanes (C₂₁-C₃₃), cutin marker (dihydroxy
578 C₁₆ fatty acid) and lignin phenols while C₂₆ fatty acid displayed a similar radiocarbon content to bulk
579 OC at both stations (Fig. 3c). The abundance-weighted $\delta^{13}\text{C}$ values of C_{26, 28, 30, 32} fatty acids were
580 −31.8 and −31.0 ‰ for St 1 and St 2, respectively. By comparison, C_{20, 22, 24} fatty acids displayed
581 more enriched $\delta^{13}\text{C}$ (−28.2 to −29.0 ‰) and $\Delta^{14}\text{C}$ values (−73 to +74 ‰) than their longer
582 homologues (Fig. 3c). Although long-chain (>C₂₀) saturated even-numbered fatty acids are usually
583 considered to derive predominantly from vascular plant waxes, these lipids have also been identified
584 in microalgae (Volkman et al., 1998 and references therein) and perhaps bacteria (Volkman et al.,
585 1988; Gong and Hollander, 1997). The heavy ¹³C and ¹⁴C isotopic data collectively suggest the
586 contribution of modern planktonic OC to C₂₂ and, to a less extent, C₂₄ fatty acids.

587 Even-numbered C₂₂-C₃₀ *n*-alkanols displayed $\delta^{13}\text{C}$ values from -29.9 to -34.3 ‰ at St 1 and
588 were slightly more ^{13}C -depleted (-29.7 to -37.5 ‰) at St 2 (Fig. 3d). In general, the values fell
589 within the range reported for C₃ plant wax *n*-alkanols (Bull et al., 2000; Rommerskirchen et al.,
590 2006a). Similar to fatty acids, C₂₂ and C₂₄ *n*-alkanols exhibited more enriched $\delta^{13}\text{C}$ values (-29.7 to
591 -31.1 ‰) than their longer homologues (C₂₆-C₃₀; -33.4 to -37.5 ‰) at both stations. However, C₂₂
592 and C₂₄ *n*-alkanols had a similar ^{14}C content to plant wax *n*-alkanes, indicating a predominant input
593 from terrestrial sources instead of modern marine biota such as microalgae, seagrasses, and
594 cyanobacteria (Rommerskirchen et al., 2006a; Volkman et al., 2008). Furthermore, contrary to fatty
595 acids, the longer homologues (C₂₆-C₃₀) of *n*-alkanols were more enriched in ^{14}C , suggesting a shorter
596 residence time or a greater contribution of fresher material. The observed ^{13}C isotopic composition
597 of long-chain *n*-alkanols may therefore reflect isotopic variation among plant wax lipids, where
598 longer ($>\text{C}_{26}$) *n*-alkanols are reported to have more depleted $\delta^{13}\text{C}$ values than the C₂₂ and C₂₄
599 homologues in several plant species (Chikaraishi and Naraoka, 2007). The abundance-weighted
600 $\delta^{13}\text{C}$ values of C₂₂₋₃₀ *n*-alkanols were -32.4 and -34.5 ‰ for St 1 and St 2, respectively, while the
601 abundance-weighted $\Delta^{14}\text{C}$ value of these *n*-alkanols was -56 ± 18 ‰ at St 1. Due to a limited
602 sample size, only one composite sample of C₂₂-C₃₀ even-numbered *n*-alkanols was measured for St 2,
603 which had a more enriched $\Delta^{14}\text{C}$ value (-69 ‰) than plant wax *n*-alkanes, fatty acids and bulk OC in
604 St 2.

605 The stable carbon isotopic composition of *n*-aldehydes, which were only measured for St 2,
606 ranged between -29.3 and -33.8 ‰ (Fig. 3e). Odd-numbered *n*-aldehydes had relatively invariant
607 $\delta^{13}\text{C}$ values (-31.8 to -33.8 ‰) that were similar to even-numbered *n*-alkanes. The *n*-aldehydes
608 have been suggested to be oxidation products of *n*-alkanes (Cardoso and Chicarelli, 1983; Stephanou,
609 1989) and hence may exhibit similar $\delta^{13}\text{C}$ values to the *n*-alkanes. By comparison, even-numbered
610 *n*-aldehydes were more enriched than their odd-numbered counterparts by up to 4.5 ‰, with the C₃₀
611 homologue exhibiting the most enriched value (-28.3 ‰) and the C₂₈ homologue showing the most

612 depleted value (-33.6 ‰). Even-numbered long-chain *n*-aldehydes are considered to derive mainly
613 from terrestrial plants (Prahl and Pinto, 1987; Rieley et al., 1991; van Bergen et al., 1997) and our
614 measured $\delta^{13}\text{C}$ values fall within the range reported for C_3 plant wax *n*-aldehydes (Collister et al.,
615 1994). The abundance-weighted $\delta^{13}\text{C}$ value of $\text{C}_{22, 24, 26, 28, 30}$ *n*-aldehydes was -30.9 ‰ for St 2 and
616 a composite sample of these *n*-aldehydes had a similar $\Delta^{14}\text{C}$ value (-145 ‰) to plant wax *n*-alkanes
617 and bulk OC at St 2 (Fig. 3e).

618

619 **3.4. Comparing the Carbon Isotopic Characteristics of Higher Plant Biomarkers in** 620 **Washington Margin Sediments**

621 The ^{13}C and ^{14}C contents of lignin phenols and various plant wax lipids revealed several
622 interesting characteristics in the Washington margin sediments. Overall, lignin phenols displayed a
623 relatively narrow range of $\Delta^{14}\text{C}$ values (corresponding to radiocarbon ages of ca. 300-1200 years)
624 that were similar to, or younger than, bulk OC at both stations (Figs. 3 and 5). The coherence of
625 ^{14}C data for this suite of compounds lends confidence in the robustness of our method as a means of
626 retrieving the isotopic characteristics of this terrestrial biopolymer. The corresponding age of lignin
627 phenols suggests that this vascular plant component is significantly pre-aged as a consequence of
628 retention in either soils or upstream deposits of the Columbia River for hundreds of years.
629 Furthermore, although this study only included two sites, our data suggest that the radiocarbon age of
630 lignin phenols preserves the origin and degradation characteristics of this terrestrial biopolymer
631 during land-ocean transfer as the age of lignin phenols appears to relate to their decay rate in the
632 sediments. Vanillyl phenols were on average ~ 500 years older than syringyl and cinnamyl phenols
633 in both sediments, suggesting a longer residence time of vanillyl phenols in soils or upstream
634 deposits. This observation coincides with the faster decay of syringyl and cinnamyl relative to
635 vanillyl phenols in soil and sedimentary environment (Hedges et al., 1988; Opsahl and Benner, 1995;
636 Otto et al., 2005).

637 Unlike lignin phenols, carbon isotopic compositions reveal relict OC or algal/bacterial
638 influences for some long-chain lipids in the Washington margin sediments such as C_{21, 23, 25} *n*-alkanes
639 and C_{20, 22, 24} fatty acids. Although these lipids are usually considered to be of vascular plant origin,
640 our data as well as reports on the Santa Monica Basin (Gong and Hollander, 1997; Pearson et al.,
641 2001) and Beaufort Sea (Drenzek et al., 2007) suggest diverse origins in the marine environment.
642 For comparative purposes, the abundance-weighted average $\delta^{13}\text{C}$ and $\Delta^{14}\text{C}$ values (where applicable)
643 of lipids showing a predominance of C₃ vascular plant signals (including C_{27, 29, 31} *n*-alkanes, C_{26, 28, 30,}
644 ₃₂ fatty acids, C_{22, 24, 26, 28, 30} *n*-alkanols, and C_{22, 24, 26, 28, 30} *n*-aldehydes) were compared with those of
645 lignin phenols as represented by the most abundant vanillyl phenols isolated by HPLC (Fig. 5; Table
646 S.1). As compared with lignin phenols, plant wax lipids exhibited higher variability in their
647 average $\Delta^{14}\text{C}$ values, ranging from -60 to -200 ‰, corresponding to radiocarbon ages of 400-1800
648 years (Fig. 5). The broader age span suggests varied stability and/or heterogeneity in their carbon
649 sources, or more diverse transport pathways (such as eolian versus fluvial transport; Dahl et al., 2005)
650 to the marine environment. Among plant wax lipids, long-chain *n*-alkanols displayed significantly
651 higher $\Delta^{14}\text{C}$ values (ca. -60 ‰) than bulk OC or other lipid classes at both stations (Fig. 5),
652 suggesting that this group of compounds exhibits a greater reactivity or has a shorter residence time
653 in the environment before deposition into the Washington margin sediments. This finding is
654 consistent with the faster degradation rate of long-chain *n*-alkanols as compared with long-chain
655 *n*-alkanes and fatty acids during fluvial transport (van Dongen et al., 2008). Alternatively, pollen of
656 several dominating plant species (such as *Pinus ponderosa*) in the Pacific Northwest contains high
657 concentrations of long-chain *n*-alkanols relative to other lipid classes (Prah and Pinto, 1987), and
658 pollen is widely distributed in the Washington margin shelf sediments (Hedges et al., 1999).
659 Wind-borne pollen may supply the sediments with younger-age long-chain *n*-alkanols than other
660 terrestrial lipids that are mainly delivered via fluvial transport. The contribution of pollen-derived
661 OC to sediments is, however, not known. The other plant wax lipids (*n*-alkanes, fatty acids, and

662 *n*-aldehydes) exhibited a similar radiocarbon content to the bulk OC and lignin phenols at St 2 (Fig.
663 5), suggesting a uniform origin and a similar transport and deposition pattern of terrestrial lipids and
664 lignin at the mid shelf. This observation may be related to a narrower grain size distribution in the
665 mid-shelf sediment of Washington margin, where fine particle-associated OC dominates bulk OC
666 signatures (Coppola et al., 2007). In contrast, while plant wax fatty acids (C₂₆) displayed a similar
667 $\Delta^{14}\text{C}$ value to the bulk OC at St 1, plant wax *n*-alkanes and lignin phenols showed higher $\Delta^{14}\text{C}$ values
668 at this station (Fig. 5). Because the inner shelf Washington margin sediments contain a high
669 proportion of coarse materials emanating from the Columbia River (Coppola et al., 2007), the
670 younger radiocarbon age of plant wax *n*-alkanes and lignin phenols most likely reflected the
671 contribution of woody and leafy debris (Hedges and Mann, 1979a) that is enriched with both groups
672 of biomarkers. By comparison, C₂₆ fatty acid did not carry a strong plant debris ¹⁴C signal, possibly
673 because its abundance in plant debris relative to sediments is not as high as C_{27, 29, 31} *n*-alkanes or
674 lignin phenols (Table 3).

675

676 **3.5. Constraining Isotopic End Members and Their Contributions in the Washington Margin**

677 Based on discussions above, we selected a range of values to constrain the $\delta^{13}\text{C}_\text{R}$ and $\Delta^{14}\text{C}$
678 values of end members in the isotopic mass balance model. Since even-carbon-numbered *n*-alkanes
679 are not abundantly produced by extant terrestrial or marine biomass (Volkman et al., 1998;
680 Rommerskirchen et al., 2006b; Chikaraishi and Naraoka, 2007) and C_{22, 24, 26} *n*-alkanes at St 1 had a
681 $\Delta^{14}\text{C}$ value of -969 ‰, indicating a predominance of relict OC, relict OC in the mixing model
682 assumes a similar range of $\delta^{13}\text{C}_\text{R}$ values as those of even-numbered *n*-alkanes at St 1 from -30 to
683 -32 ‰. Given that the sediments were collected in 1993, closer to the peak in ¹⁴C stemming from
684 above-ground nuclear weapons testing (the so-called “bomb spike”), it might be expected that marine
685 OC, which reflects surface ocean dissolved inorganic carbon isotopic characteristics, has a $\Delta^{14}\text{C}$
686 value > 0 (Pearson et al., 2000). However, surface sediments in the mixed layer (20-30 cm in depth)

687 integrate 50-100 yr of deposition across the study sites, and bioturbation further smoothes the bomb
688 spike. Based on the radiocarbon content of C_{16, 18} fatty acids (mainly of a planktonic origin) and
689 C_{22, 24, 26} *n*-alkanes at St 1 (mainly derived from relict OC; Fig. 3), marine and relict OC are therefore
690 assumed to carry $\Delta^{14}\text{C}_\text{M}$ and $\Delta^{14}\text{C}_\text{R}$ values of 0 and -1000 ‰, respectively. Terrestrial OC assumes
691 a similar $\Delta^{14}\text{C}$ value to plant wax *n*-alkanes and lignin vanillyl phenols (-115 ± 15 ‰). The
692 contribution of each end member to the bulk OC varies only slightly (± 2 %) within the range of
693 $\delta^{13}\text{C}_\text{R}$ and $\Delta^{14}\text{C}_\text{T}$ values we adopted for the end members (see discussions in Drenzek et al., 2007).
694 In general, this approach suggests that terrestrial, marine, and relict OC contribute 89 ± 2 %, 2 ± 1 %
695 and 9 ± 2 % (St 1) and 95 ± 2 %, 2 ± 1 %, and 3 ± 2 % (St 2) of bulk sedimentary OC at these two
696 sites on the Washington margin, respectively. This simple estimate is consistent with the
697 predominance of terrestrial OM in the Washington margin sediments inferred previously (Hedges
698 and Mann, 1979a; Prahl et al., 1994; Dickens et al., 2006), and highlights the utility of both lignin
699 and plant wax $\delta^{13}\text{C}$ and $\Delta^{14}\text{C}$ data in source apportionment and for developing carbon budgets for
700 coastal marine sediments. The small proportion of relict OC in the Washington margin sediments
701 stands in sharp contrast with the high contribution of sedimentary rock derived OC in other systems
702 where a similar approach has been applied (Drenzek et al., 2007; 2009), suggesting significant
703 heterogeneity in OC sources and deposition patterns among different river systems.

704

705

4. CONCLUSIONS

706 This study examines compound-specific ^{13}C and ^{14}C data for various plant wax lipids and lignin
707 phenols isolated from Washington margin shelf sediments. Plant wax lipids displayed a broader
708 range of radiocarbon ages. Depending on the compound class, pre-aged soil components, relict
709 carbon and microbial sources may contribute to the observed isotopic signatures. By comparison,
710 lignin phenols displayed a narrower range of ages that reflected the origin and degradation
711 characteristics of this terrestrial biopolymer. Interestingly, vanillyl phenols were on average ~500

712 years older than syringyl and cinnamyl phenols that degrade faster in soils and sediments. These
713 isotopic characteristics, together with their high abundance and wide distribution in sediments, make
714 lignin phenols a promising tracer of relatively recent terrestrial OM during the land-ocean transfer.
715 The ^{14}C composition of lignin phenols may hence provide a useful constraint on the vascular plant
716 OC end member in mixing models and improve understanding of the marine OC budget.

717

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726

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983

Tables984 **Table 1:** Binary gradient of mobile phases of the HPLC method to separate lignin phenols. Solvent A:

985 water/acetic acid (99.8:0.2); solvent B: methanol/acetonitrile (50:50); flow rate = 0.8 mL/min.

<i>Phenomenex Polar-RP column</i>		<i>ZORBAX Eclipse XDB-C18 column</i>	
Time (min)	% Solvent B	Time (min)	% Solvent B
0	10	0	10
3	10	3	10
8	15	8	15
15	20	15	20
22	20	20	20
27	25	25	25
36	25	26 ¹	100
37 ¹	100	30 ¹	100
42 ¹	100	31 ²	10
43 ²	10	36 ²	10
48 ²	10		

986 ¹ Phase of column washing.987 ² Phase of column equilibrium.

Table 2: Bulk geochemical properties of the Washington margin surface sediment samples.

Station	Location	OC (%)	$\delta^{13}\text{C}$ (‰)	$\Delta^{14}\text{C}$ (‰)	^{14}C age (yr)
1	Inner shelf	0.40	-25.3	-195	1700
2	Mid shelf	0.93	-25.3	-136	1140

Table 3: Composition of lignin phenols and lipids in the Washington margin surface sediment samples.

	\sum_8^1	S/V ²	C/V ³	(Ad/Al) _v ⁴	(Ad/Al) _s ⁵	<i>n</i> -alkanes			<i>n</i> -fatty acids		<i>n</i> -alkanols		<i>n</i> -aldehydes	
						\sum_6^6	ACL ⁷	CPI ⁸	\sum_9^9	ACL	\sum_{10}^{10}	ACL	\sum_{11}^{11}	ACL
St 1	60.7	0.19	0.04	0.24	0.16	0.08	27.0	3.1	0.18	25.0	0.08	26.3	n.a.	n.a.
St 2	51.3	0.30	0.05	0.27	0.26	0.09	28.1	4.2	0.12	24.8	0.09	27.1	0.06	26.3

¹ Summed concentration of 8 major lignin phenols (mg/g OC; Hedges & Ertel, 1982).

² Ratio of syringyl-to-vanillyl phenols.

³ Ratio of cinnamyl-to-vanillyl phenols.

⁴ Acid-to-aldehyde ratio of vanillyl phenols.

⁵ Acid-to-aldehyde ratio of syringyl phenols.

⁶ Summed concentration of *n*-alkanes C_{25, 27, 29, 31, 33, 35} (mg/g OC).

⁷ Average Chain Length (ACL): concentration-weighted mean carbon chain length for plant wax lipids C₂₁₋₃₁ or C₂₂₋₃₂.

⁸ Carbon Preference Index (CPI) for *n*-alkanes C₂₁₋₃₁.

⁹ Summed concentration of *n*-fatty acids C_{24, 26, 28, 30, 32} (mg/g OC).

¹⁰ Summed concentration of *n*-alkanols C_{24, 26, 28, 30, 32} (mg/g OC).

¹¹ Summed concentration of *n*-aldehydes C_{24, 26, 28, 30, 32} (mg/g OC).

n.a. = not analyzed.

Table 4: Mass and radiocarbon contents of lignin phenols isolated by HPLC relative to the nominal F_m values of bulk OC.

Source	Lignin phenol	Mass ($\mu\text{g C}$)	Measured values on phenols isolated by HPLC				Nominal F_m of bulk OC ²	ΔF_m (AMS -corrected only)	ΔF_m (procedural blank -corrected)
			AMS-corrected only		Procedural blank-corrected ¹				
			F_m	error	F_m	error			
Commercial ³	Vanillic acid	182	0.0105	0.0005	0.0053	0.0018	0.0040	0.0065	0.0013
Commercial ³	Acetovanillone	163	0.0297	0.0007	0.0241	0.0020	0.0030	0.0267	0.0211
FIRI-A	Vanillin	224	0.0157	0.0005	0.0115	0.0015	0.0033	0.0124	0.0082
C-5	Vanillin	199	0.2426	0.0018	0.2402	0.0022	0.2305	0.0121	0.0097
	Acetovanillone	34	0.2533	0.0027	0.2390	0.0079		0.0228	0.0085
FIRI-D	Vanillic acid	71	0.5573	0.0018	0.5595	0.0035	0.5705	-0.0132	-0.0110
	Acetovanillone	73	0.5540	0.0018	0.5561	0.0034		-0.0165	-0.0144
	Vanillin	191	0.5683	0.0040	0.5692	0.0042		-0.0022	-0.0013
FIRI-H	Vanillin	281	0.7468	0.0034	0.7487	0.0035	0.7574	-0.0106	-0.0087
	Syringaldehyde	184	0.7473	0.0046	0.7502	0.0048		-0.0101	-0.0072
FIRI-J	Vanillin	130	1.1191	0.0084	1.1291	0.0090	1.1069	0.0122	0.0222
	Ferulic acid	226	1.0803	0.0059	1.0857	0.0062		-0.0266	-0.0212
	Acetosyringone	78	1.0836	0.0026	1.0995	0.0055		-0.0233	-0.0074
	<i>p</i> -Coumaric acid	82	1.0810	0.0023	1.0961	0.0052		-0.0259	-0.0108
Commercial ⁴	Vanillin	152	1.1257	0.0076	1.1343	0.0081	1.1213	0.0044	0.0130

¹ Procedural blank contains $2.0 \pm 0.5 \mu\text{g C}$ with $F_m = 0.48 \pm 0.10$.

² Nominal values were measured on authentic phenol standards (purchased from Acros or Sigma) and were pre-determined for bulk plant tissues. FIRI-A, C-5, FIRI-D, FIRI-H, and FIRI-J are plant tissues as international standards.

³ Obtained from Acros.

⁴ Obtained from Sigma.

Figure Captions

Fig. 1: Scheme of extraction and isolation of individual lignin phenols for radiocarbon measurement. Short names: Vl = vanillin; Sl = syringaldehyde; Vn = acetovanillone; Sn = acetosyringone; Vd = vanillic acid; Sd = syringic acid; pCd = *p*-coumaric acid; Fd = ferulic acid.

Fig. 2: HPLC chromatogram of lignin phenols isolated from the Washington margin surface sediment, St 1: (a) separation of phenolic aldehyde/ketones on Polar-RP column followed by XDB-C18 column; (b) separation of phenolic acids on XDB-C18 column followed by Polar-RP column. Shaded areas represent phenol peaks collected. Short names: pBl = 4-hydroxybenzaldehyde; pBn = 4-hydroxyacetophenone; Vl = vanillin; Sl = syringaldehyde; Vn = acetovanillone; Sn = acetosyringone; Vd = vanillic acid; Sd = syringic acid; pCd = *p*-coumaric acid; Fd = ferulic acid.

Fig. 3: The $\delta^{13}\text{C}$ and $\Delta^{14}\text{C}$ values of individual lignin phenols (a) and lipids (b-e) in the Washington margin sediments (‰). All values are corrected for derivative carbon and procedural blanks with the errors propagated. Filled and open symbols represent samples in St 1 and 2, respectively. *The following data points for $\Delta^{14}\text{C}$ values are measured for composite samples of homologues in parentheses, with the point plotted at the most abundant homologue's chain length: C₂₂ *n*-alkane (C_{22, 24, 26}), C₂₅ *n*-alkane (C_{21, 23, 25}), St 2 C₂₆ *n*-alkanol (C_{22, 24, 26, 28, 30}), C₂₈ *n*-aldehyde (C_{22, 24, 26, 28, 30}). †Acetosyringone and di-hydroxybenzoic acid may have coelutes during irm-GC-MS analysis.

Fig. 4: Relationship between the F_m value of procedural blanks associated with the HPLC method

and the average offset between measured and nominal F_m values (ΔF_m) of phenol standards (listed in Table 4). The zero offset ($\Delta F_m = 0$) corresponds to an F_m of 0.48 for the HPLC method procedural blanks.

Fig. 5: Concentration-weighted average $\delta^{13}\text{C}$ and $\Delta^{14}\text{C}$ values of lignin phenols and plant wax lipids as compared with those of bulk OC in the Washington margin surface sediments (‰). All values are corrected for derivative carbon and procedural blanks with the errors propagated. Filled and open symbols represent samples in St 1 and 2, respectively. The $\delta^{13}\text{C}$ values are calculated for C_{27} , $_{29, 31}$ *n*-alkanes, $\text{C}_{26, 28, 30, 32}$ fatty acids, $\text{C}_{22, 24, 26, 28, 30}$ *n*-alkanols, $\text{C}_{22, 24, 26, 28, 30}$ *n*-aldehydes, and 8 lignin phenols (except acetosyringone). The $\Delta^{14}\text{C}$ values of plant wax lipids is calculated or measured for $\text{C}_{27, 29, 31}$ *n*-alkanes, C_{26} fatty acid, $\text{C}_{22, 24, 26, 28, 30}$ *n*-alkanols, and $\text{C}_{22, 24, 26, 28, 30}$ *n*-aldehydes. *The $\Delta^{14}\text{C}$ values of lignin phenols are represented by the most abundant vanillyl phenols isolated by HPLC.

Fig. 1:

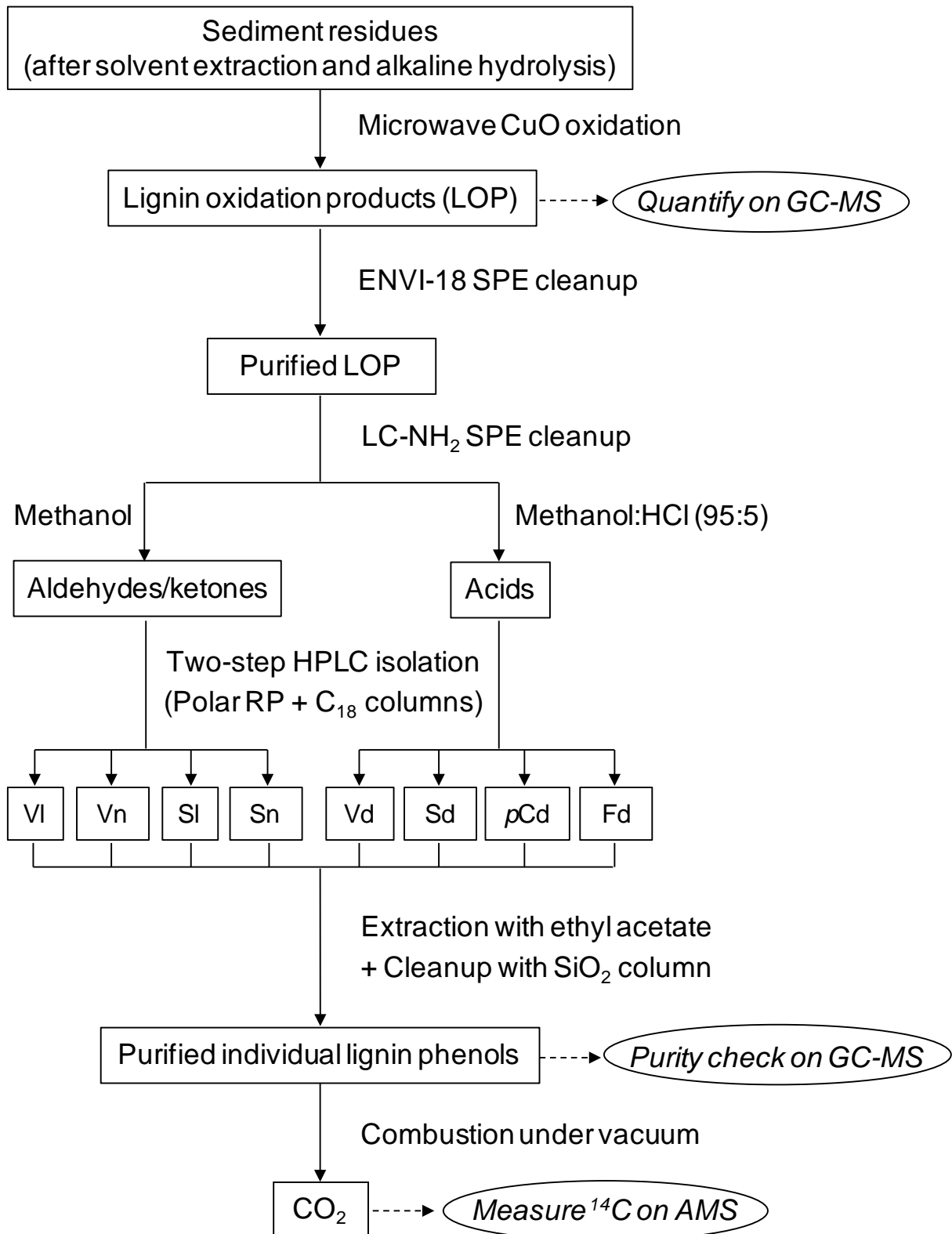
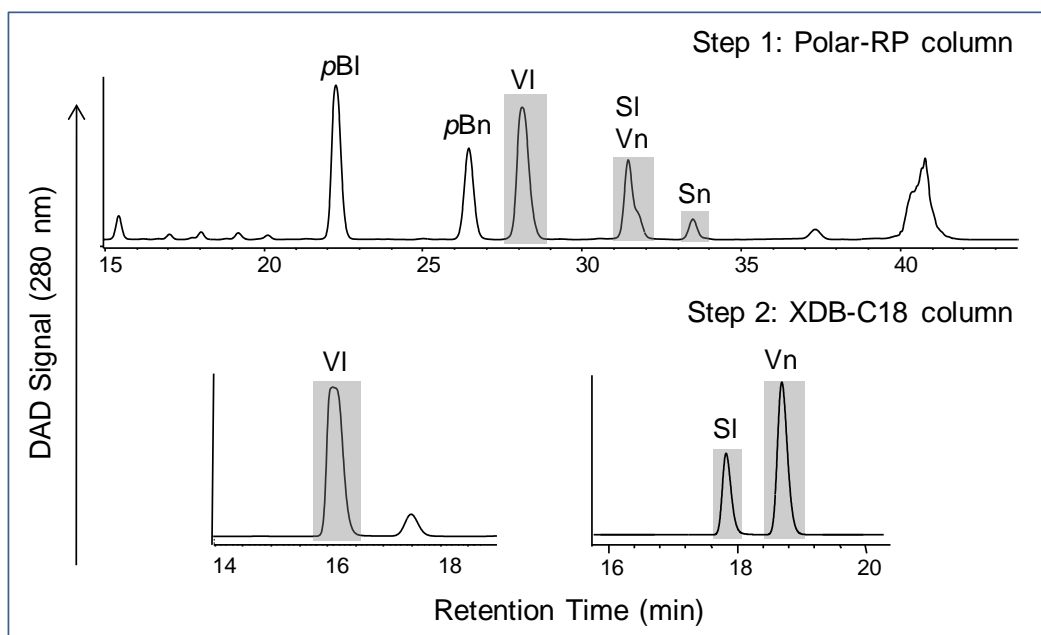


Fig. 2:

(a) Phenolic aldehydes/ketones



(b) Phenolic acids

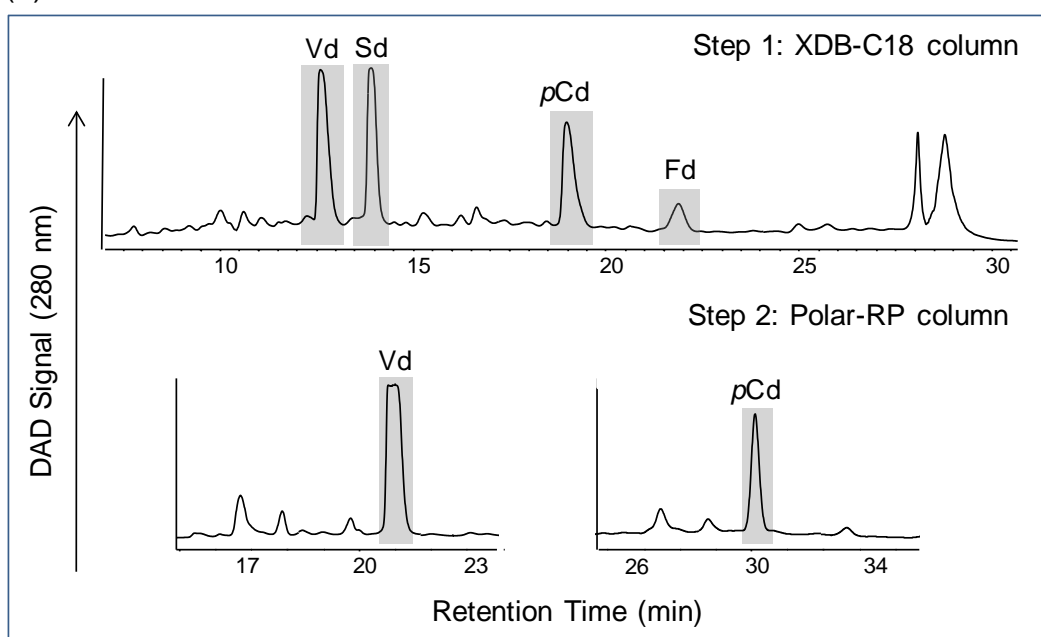


Fig. 3:

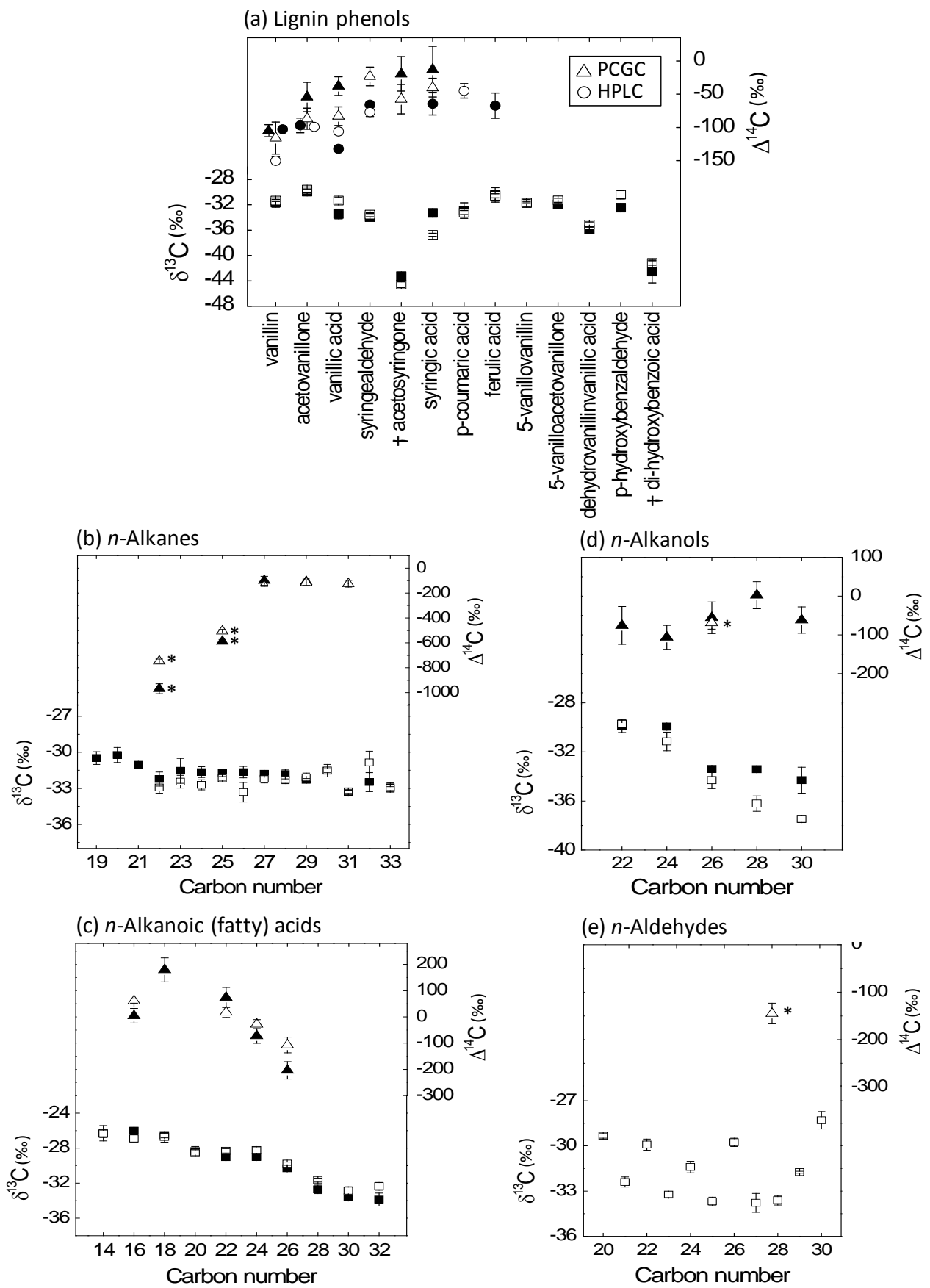


Fig. 4:

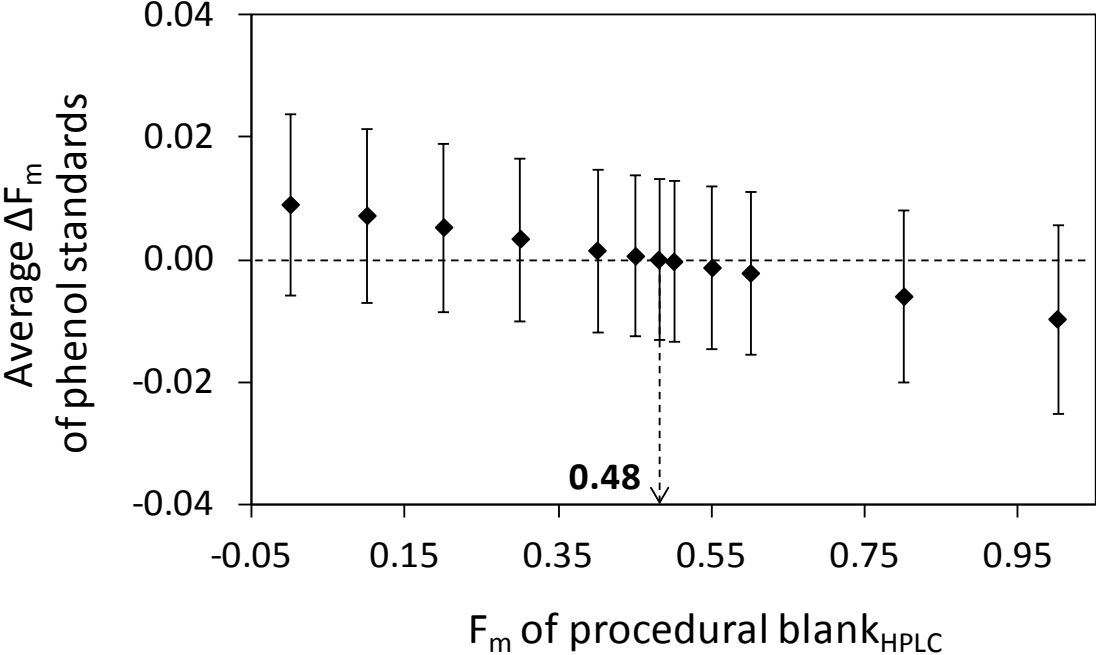
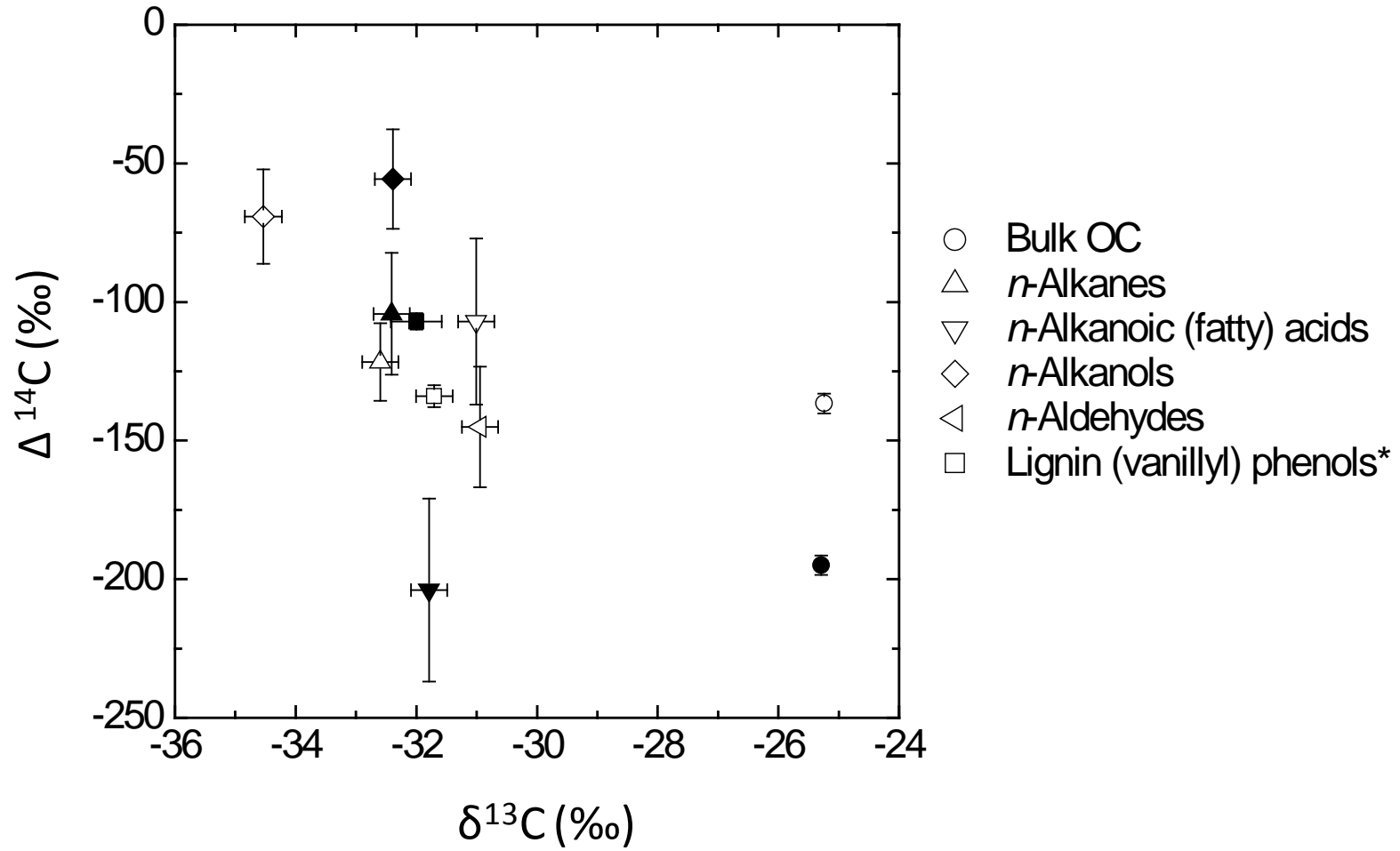


Fig. 5:



¹⁴C and ¹³C characteristics of higher plant biomarkers in Washington margin surface sediments

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Supplementary Information

Table S.1: Concentration, isolated mass, and corrected $\Delta^{14}\text{C}$ values of individual lignin phenols and lipids in the Washington margin sediments.

Compound	Concentration in sediments ¹		PCGC-based measurement						HPLC-based measurement					
			St 1			St 2			St 1			St 2		
	St 1	St 2	$\mu\text{g C}$	$\Delta^{14}\text{C}$ (‰)	Error (‰)	$\mu\text{g C}$	$\Delta^{14}\text{C}$ (‰)	Error (‰)	$\mu\text{g C}$	$\Delta^{14}\text{C}$ (‰)	Error (‰)	$\mu\text{g C}$	$\Delta^{14}\text{C}$ (‰)	Error (‰)
Lignin phenols														
Vanillin	3.3	2.5	150	-105	9	353	-116	24	235	-103	3	74	-150	6
Acetovanillone	0.8	0.6	36	-54	22	143	-87	16	43	-97	11	90	-99	5
Vanillic acid	0.8	0.7	66	-38	14	65	-83	14	122	-132	5	134	-106	5
Syringaldehyde	0.6	0.7				117	-23	14	132	-66	4	80	-77	7
Acetosyringone	0.2	0.2	27	-19	26	59	-57	22						
Syringic acid	0.1	0.2	20	-13	35	65	-40	14	22	-64	17			
<i>p</i> -Coumaric acid	0.1	0.1										46	-45	11
Ferulic acid	0.1	0.1							28	-67	19			
<i>n</i>-Alkanes														
C _{21, 23, 25}			24	-588	15	29	-506	14						
C _{22, 24, 26}			17	-969	40	20	-747	17						
C ₂₇	19	15	20	-100	34	28	-125	22						
C ₂₉	23	26	23	-108	28	37	-117	23						
C ₃₁	13	21				23	-125	27						
<i>n</i>-Alkanoic (fatty) acids														

C ₁₆	184	146	44	4	28	85	60	8						
C ₁₈	58	50	18	179	46									
C ₂₂	53	33	19	74	38	52	18	20						
C ₂₄	84	58	29	-73	28	70	-28	18						
C ₂₆	45	30	19	-204	33	32	-107	30						
<i>n</i>-Alkanols														
C ₂₂	10	7	15	-76	49									
C ₂₄	15	14	20	-106	31									
C ₂₆ ²	21	30	17	-56	41	87	-69	16						
C ₂₈	18	21	22	2	35									
C ₃₀	11	18	26	-62	34									
<i>n</i>-Aldehydes														
C _{22, 24, 26, 28, 30}						66	-145	22						

¹ Concentration in sediments in the units of mg/100 mg OC for lignin phenols and µg/g OC for lipids; concentration is not provided for combined compounds.

² C_{22, 24, 26, 28, 30} *n*-alkanols from St 2 were combined.

Table S.2: Recovery of phenol standards from two-SPE cleanup procedures (concentration assessed before and after SPE procedures on HPLC respectively; compounds sorted in elution order from HPLC). F1: aldehyde/ketone fraction; F2: acid fraction from LC-NH₂ SPE. nd: not detected.

Phenol	1st assessment		2nd assessment	
	F1	F2	F1	F2
pBd	nd	110%	nd	91%
Vd	nd	105%	nd	69%
Sd	nd	107%	nd	69%
pBn	102%	nd	90%	2%
Vl	78%	1%	65%	1%
pCd	nd	102%	nd	80%
Sl	75%	2%	70%	1%
Vn	80%	nd	78%	nd
Sn	103%	nd	89%	nd
Fd	nd	98%	nd	90%

Fig. S.1: GC-MS total ion chromatogram of lignin phenols isolated by HPLC from the Washington margin surface sediment, St 1 (analyzed as TMS derivatives).

